



How can we use our Materthosene in our self-research and writing?





Self-research + Writing

- Why is it important to publish your experiences?
- Principle of Disbelief: Do not believe in anything, not even what we inform you here in this presentation. Experiment. Have your own personal experiences.
- Self-research: you are the best tool to study yourself
- Cycle: Studying -> Experimenting -> Sharing/Debating -> Writing -> Studying ...





Thosene

• Thosenology is the specialty of conscientiology that studies the thosenes (thoughts, feelings, and energies). Self-thosenity is the permanent mechanism of the expression of the consciousness in all of its manifestations, in any consciential dimension. Therefore, thosenology has a theory and practical approach.





Materthosene

• The **Materthosene** is the mother idea, the *matrix of every development* of thesis, theory or essay, the *leitmotif*, the master pillar or predominant thosene in any personal, group or institutional holothosene (Vieira, 1997, p. 132).





Synonyms

- Consciential synthesis or synthesis of self-evolution
- Identifying the common element of the manifestation of consciousness
- Reason for being or existing of something or someone





Antonyms

- Holothosene, thosene, standard thosene, predominant thosene.
- Examples:
 - Scientific Holothosene / Materthosene of Analysis or the Analyticothosene.
 - *Bellicose* Holothosene / Materthosene of *Conflict* or the *Counterthosene*.







Analogy

- Tree -> Seed
- Materthosenology. "The
 materthosene is the best thing you
 have achieved in any existential
 dimension" (Vieira, 2014, p. 1260).







Analogy

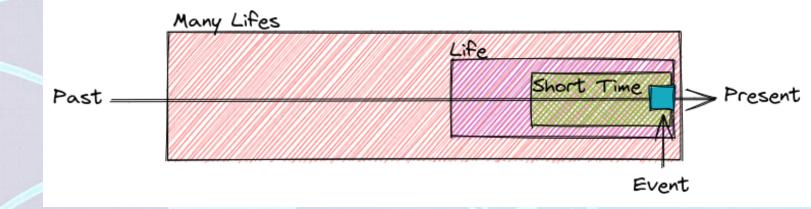
- Will -> Propeller
- Helm -> Direction





Time

- *Sporadic Event:*Minimaterthosene.
- Phase of life.
- Intraphysical life or intermissive period.
- Successive lives and intermissive periods.







Clarifying Questions

- What do you do for the simple pleasure of doing it?
- When there is no need, one creates the demand.
- What kind of demands do you keep looking for?

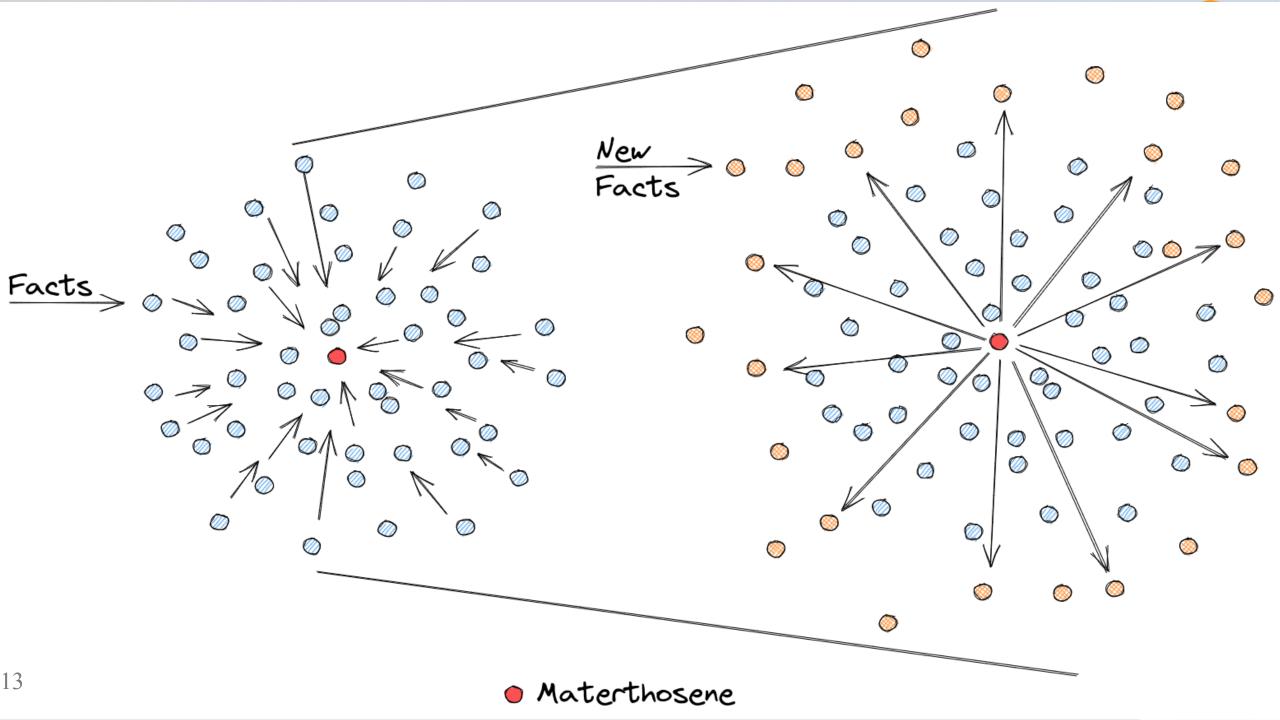




Megastrongtrait (Rossa, 2020)

Megastrongtrait	Possible Materthosene
Analytics	Research
Anticonflictiveness	Pacifism
Boldness	Ambition
Creativity	Inventiveness
Availability	Interassistantiality
Organization	Cosmoethic Planning
Parapsychism	Communicability





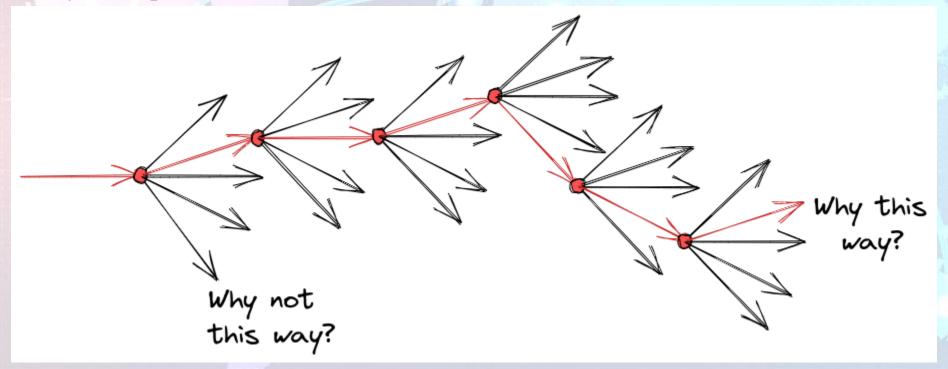


- 1. **Analysis of one's personal library.** Looking at *ALL* the books in your personal library, what can we know about the library owner? What book could be written with these references?
- 2. Analyse your line of creativity. In which area can you contribute more? (proexis) In what situations are you most productive? In which topic do you tend to have more original ideas? (teamex extraphysical team)





3. Analysis of professional choices.







- 4. **Family.** What is the holothosene of your family? What is the materthosene of your family? Do you have retrocognitions?
- 5. **Conflicts.** What were the most relevant conflicts that you were involved in? Why did you get involved? Why did you stay?
- 6. **Analysis of Invitations.** Why do people invite you for specific projects? What do they have in common?





- 7. **Onomastic Analysis.** What is the meaning of your first and family name? Is there any relation to your materthosene hypothesis?
- 8. Conscientiogram. See Conscientiogram (Vieira, 2019).
- 9. Autoprofilogy. See Dictionary of Arguments of Conscientiology (Vieira, 2014, p. 398).





Profile Technique

- Affectionate profile (psychosomatic)
- Analytic profile (explanatory)
- Bioenergetic profile (energosomatic)
- Clairvoyant profile (auric coupling)
- Claritaskal profile (discernment)
- Communicative profile (extroverted)
- Cosmoethic profile (paralaw)
- Depertological profile (self-deintrusive)
- Entrepreneurial profile (administrative)





Profile Technique

- Epicentric profile (exemplar)
- Genetic profile (groupkarmic)
- Intellectual profile (mentalsomatic)
- Maxidissident profile (neoverponological)
- Multicultural profile (erudite)
- Paragenetic profile (holobiographical)
- Parapsychic profile (multidimensional)
- Penta profile (interassistantial)
- Polykarmic profile (helper)





Profile Technique

- Political profile (parasociological)
- Professional profile (labour)
- Rational profile (self-discernment)
- Research profile (experimentation)
- Self-coherent profile (serene)
- Self-relay profile (seriexological)
- Scholar profile (polymath)
- Teaching profile (reeducational)
- Veteran profile (mature)





Megastrongtrait (Skills)

Retropassword Megafocus (footsteps) (Goals)

> Temperament (person's way)

Materthosene (Reason for been)

Coherence





Example

What kind of does a runner have?

- Megastrongtrait:
- Retropassword:
- Megafocus:
- Temperament:
- Materthosene:





Example

What type of does a detective have?

- Megastrongtrait:
- Retropassword:
- Megafocus:
- Temperament:
- Materthosene:



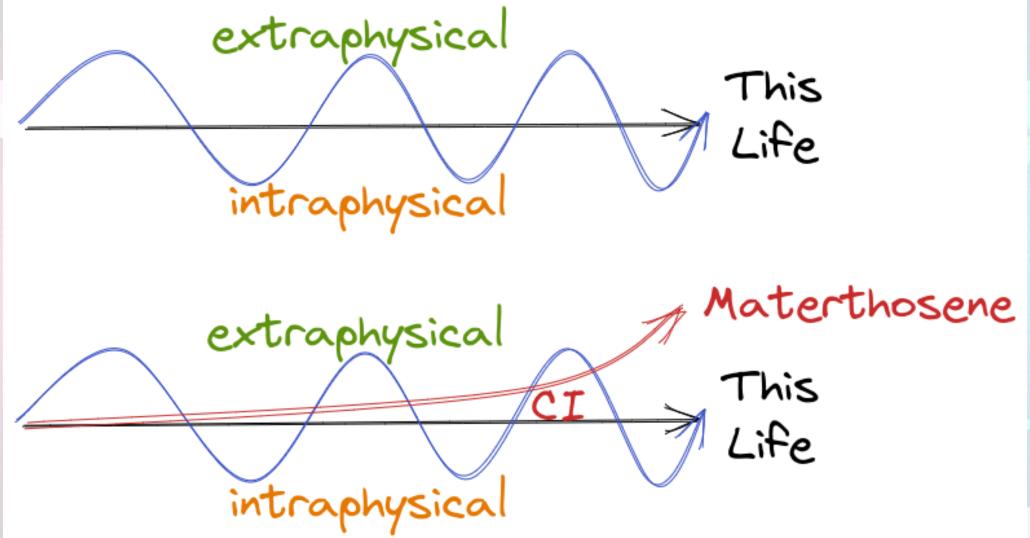


Intermissive Course

- **Progression.** The current personality materthosene must always be better than the previous personality materthosene, whether from another intermission or from another intraphysical life (Vieira, 2014).
- IC. The intermissivist always changes his personal materthosene for the better after the Intermissive Course (Vieira, 2014).











Qualification and Next Steps

- Individual + Group = Synergy
- The materthosene of the *Conscientiocentric Institution* (CI) is the essence of its reason for being or for existing in society. The conscientiology volunteer must observe the convergence of his/her materthosene with the CI's materthosene. [...] The greater the convergence and affinity of the materthosenes between the consciousnesses, the greater the productive evolutionary sinergy of the group, be it teamin or teamex. *Together we can do more* (Vieira, 2014).



Thank you!





